



## **INSTRUCTIONS REGARDING IV & GENERAL ANESTHESIA**

For all surgeries, please wear comfortable, loose-fitting clothing. Tops/shirts should have sleeves that are easily drawn up above the elbow. Females should remove nail polish before surgery, wear low-heeled shoes, and apply as little makeup as possible. Medications are given through a vein in your arm or hand, which will cause total relaxation and/or loss of consciousness. There will be very little, if any, recall of the events surrounding surgery.

### **IMPORTANT INSTRUCTIONS REGARDING YOUR ANESTHESIA:**

- **Do not eat or drink anything** after midnight the night before surgery. This includes chewing gum and hard candies. **However**, it is important that you take any regular medications (high blood pressure, antibiotics, etc.) as directed by Dr. Lawhorn or any pre-medication prescription that we have provided, **using only a small sip of water.**
- **No Smoking, dipping, or vaping** for at least 24 hours before surgery. Ideally, cut down or stop smoking as soon as possible prior to the day of surgery.
- **A responsible adult (18 years or older)** must accompany the patient to the office, **remain in the office** during the procedure, and drive the patient home.
- Contact lenses, jewelry, and dentures must be removed prior to the time of surgery. This includes all earrings and facial or intraoral piercings.
- **NO acrylic nails, NO gel nails or gel polish, NO false nails, remove all nail polish**
- No cell phones or personal items are permitted in the surgical area.
- If you have an illness such as a cold, sore throat, stomach/bowel upset, etc. please notify our office as soon as possible prior to your surgery date. This is especially important for children who are going to receive I.V. or general anesthesia.
- Plan to rest for several hours after surgery. Do not drive a car, operate power tools, machinery, or make any important business, financial, or other decisions for 24 hours after surgery.